

Certified Pilates Instructor

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Company: Reliance Human Resources Consultancy

Location: Abu Dhabi

Category: other-general

Develop and implement Pilates classes and programs tailored to the needs of individual clients
Provide safe and effective instruction to clients of all levels and abilities
Monitor and evaluate clients' progress and modify programs as needed
Maintain accurate client records and attendance
Create a positive and encouraging environment for clients
Adhere to facility policies and procedures
Requirements: Minimum of 2 years of experience as a certified Pilates instructor
Knowledge of anatomy, body mechanics, and Pilates
Excellent interpersonal and communication skills
Ability to motivate and encourage clients
Professional and positive attitude
Ability to work independently and as part of a team
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