

Fitness Trainer

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Company: Sundus

Location: Abu Dhabi

Category: healthcare-practitioners-and-technical

Job Title: FITNESS TRAINER

Location: UAE - Ghiyathi

Experience: 2 - 5 Year

Language: Required excellent in Arabic and English

Job Description

Identify the clients' fitness level and health

Oversee completion of exercise routines

Modify exercise plans based on needs, potential injuries or health issues

Carry out First Aid and CPR if needed.

Work experience as a Fitness Trainer or similar role

Oversee the use of fitness equipment to ensure clients exercise properly and safely

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